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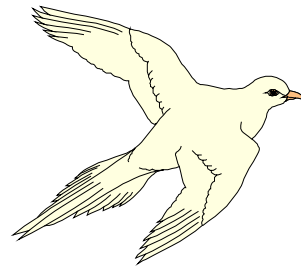
What is Therapeutic Touch?

Therapeutic Touch™ was developed in the early 1970's by Dolores Krieger Ph.D., R.N., a professor at New York University, and Dora Kunz, a natural healer. Therapeutic Touch is a scientifically based practice, which has been funded by the National Institutes of Health.

Therapeutic Touch is practiced by an estimated 20,000 to 30,000 professionals in the United States, Canada and around the world.

Therapeutic Touch is based on several ancient-healing practices, which direct the flow of energy. Human beings are energy in the form of a field. When you are healthy, the energy is balanced. When not balanced, there is dis-ease.

***Energy healing at Sedona
Holistic Medical Centre is also
Spiritual Healing.
You can feel the difference.***



How Does Therapeutic Touch Work?

A Therapeutic Touch Practitioner, is trained to use her hands as sensors in directing the flow of energy to promote healing. During the treatment, the recipient is fully clothed, as the human energy field extends beyond the body itself. The recipient may either sit or lie down, which ever is more comfortable. The Practitioner then assesses the condition of the energy field by passing her hands over the body from head to toe, front and back, holding them several inches from the body. She then begins to redirect the recipient's energy toward healing by using sweeping motions. You may or may not touch physically.

“Therapeutic Touch, at its core, is the offering of unconditional love and compassion...We're here for service.”

Janet Quinn

**From the Book Love and Survival By
Dr. Dean Ornish**

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What are the benefits of Therapeutic Touch?

- ◆ *decrease healing time*
- ◆ *decrease anxiety*
- ◆ *alter the perception of pain*
- ◆ *induce relaxation response*
- ◆ *quick, taking only 2 - 20 minutes to achieve results*
- ◆ *holistic, healing body, mind, emotions, and spirit*
- ◆ *completely safe*

Each response is purely individual: you could notice change in a few minutes, or hours, even days later. One treatment is often sufficient however, chronic problems may need several sessions.

***Therapeutic Touch Class
Taught by
Cherie Santasiero, Ph.D
\$75***



Rev. Cherie Santasiero

Cherie Santasiero, Ph.D., Mh.D., Rh.D., M.NLP, CHt, is Sedona's President and Spiritual Counselor.

Rev. Cherie is known for her spiritual and grief counseling, spiritual healings, and Stress Management, using (and teaching) Meditation, Therapeutic Touch, Reiki and other energy healing.

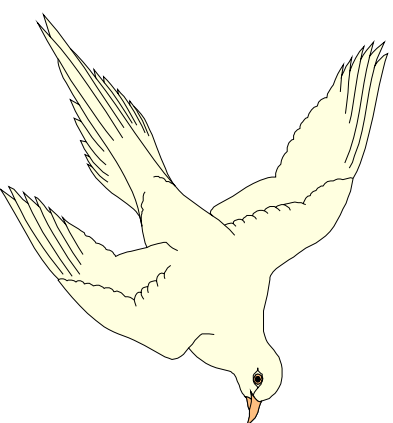
Rev. Cherie has been practicing and teaching Therapeutic Touch for 10 years.

Cost of Class is \$75.

www.sedonaholistic.com



Therapeutic Touch



Classes With Rev. Cherie Santasiero
Certified Therapeutic Touch Practitioner
and Teacher

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